

DESCRIPTION OF CATEGORIES TO CHOOSE FROM

Freestyles - an individual competition in which dancers are competing against a standard (**Freestyle Performance**) or others at their own level and age bracket. If competing against others, the judge will give up to three placements, depending on the number of events.

Closed - no choreographed routines; within the dance level (Bronze, Silver, etc.)

Open - the student can dance at any level and the material can have open choreography (usually has a choreographed entrance).

Multi-Dance Freestyle - This is a 3-Dance freestyle event in which dancers will be competing against others in 3 different dances in Bronze, Silver or Gold:

Smooth: Waltz, Tango, Foxtrot

Standard: Waltz, Tango, Quickstep

Rhythm: Cha Cha, Rumba, Swing

Latin: Cha Cha, Rumba, Jive

Solo Exhibitions - A Choreographed routine to a specific piece of music in which the dance couple will be the only ones on the dance floor. The maximum time is 3 minutes. (Recommended time is 2.5 minutes or less.)

Formation Exhibitions - More than one couple is performing in a choreographed routine.

DANCE LEVELS FOR AMATEUR & PRO/AM COUPLES

NEWCOMER - first-time competitors only

NOVICE

PRE-BRONZE

INTERMEDIATE BRONZE

FULL BRONZE

OPEN BRONZE

PRE-SILVER

INTERMEDIATE SILVER

FULL SILVER

OPEN SILVER

PRE-GOLD

INTERMEDIATE GOLD

FULL GOLD

OPEN GOLD

AGE CATEGORIES

JR - to 17

YA - 18 to 25

A1 - 26 to 35

A2 - 36 - 45

B1 - 46 to 55

B2 - 56 to 65

C - 66 to 75

D - 76 +